

# RECOMMENDED PRACTICES FOR CHG SKIN CLEANSING FOR PATIENTS

1. Have a clean towel and clean clothes available.



2. After using normal soap and / or shampoo, rinse off thoroughly with water.



3. Open one of the wrapped cloths and wet with warm water.



4. Apply \_\_\_\_\_\* of CHG solution to the cloth(s) in order to cover the skin being cleansed.



5. With water turned off, gently apply cloth with CHG solution to body from the neck down (always avoid eyes, ear, mouth, and genital area).



6. Wait 2 minutes<sup>2</sup>. Proceed to rinse the CHG solution off your body with water only (Do NOT use shampoo, soap, deodorant, powders, or lotions after this step).



7. Pat yourself dry with a towel.



8. Dispose cloth after use. Dress in clean clothes.



Repeat the above procedure the morning of your surgery.

\* Ecolab Baseline Guidance:  
Apply approximately 1/2 of the 4 oz bottle per bath<sup>1</sup>

## ADDITIONAL INSTRUCTIONS FROM YOUR MEDICAL TEAM: (please apply CHG to the following area(s):

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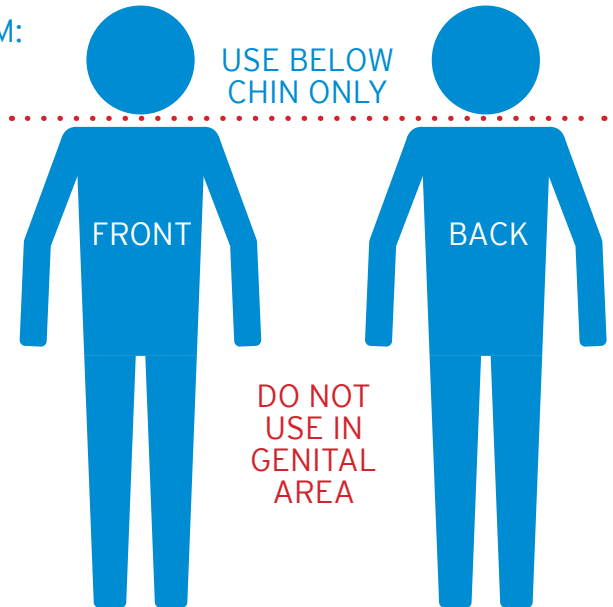
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1. Emerson JM, Gardner AMN. A placebo-controlled trial of effect of two preoperative baths and showers with Chlorhexidine detergent on postoperative wound infection rates. J. Hosp Infect. 1987; 10:165-72  
2. Edminton C.E. et al. "Evidence for using Chlorhexidine Gluconate Preoperative Cleansing to Reduce the Risk of Surgical Site Infections." AORN Journal, 2010. Page 92.