# Detection, Elimination, Protection: Science-Based Rodent Solutions

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#### Introduction: Commensal Rodents

Commensal rodents are defined as rodents living in close association with humans, often depending on humans for their food, water and housing. There are three common commensal rodent species: the house mouse (*Mus musculus*), the roof rat or black rat (*Rattus rattus*), and the Norway rat or ship rat (*Rattus norvegicus*). These rodents are pests in most countries throughout the world, producing millions of dollars of damage annually.

Rodent management in and around commercial properties can be divided into three layers of protection:

- 1. Exterior reducing rodent pressure on the exterior perimeter of structures.
- 2. Barrier minimizing rodent entrance opportunities into structures.
- 3. Interior eliminating rodent activity from within structures.

Each of these layers is an important part of an integrated approach to maintaining a rodent-free facility. An emphasis on solving rodent issues on the exterior of a structure before any activity is seen inside is the basis of the Ecolab outside-in approach to rodent elimination.

# Objective: Review Current Control Practices and Future Direction

Rodents have been a central part of the pest industry since its beginning.¹ Over the years, many new approaches have been developed to combat these persistent pests, with new products and equipment continuing to emerge. The objective of this paper is to compare and contrast current approaches to rodent control and to provide expert recommendations on protocols and services available to minimize commensal rodent activity inside commercial structures. The paper will begin with a look at the unique biology of rodents, followed by a comparison of common monitoring and treatment methods, along with a discussion of the future direction of rodent management.

## Biology and Behavior: The Human-Rodent Association

Understanding behavior of commensal rodents in and around humans is an important step towards identifying management and elimination strategies. While rodent behavior is complex and these animals are capable of adapting to a broad array of situations,<sup>2</sup> their behavior can also be predictable, with identifiable patterns that aid in management. Rats and mice share many of their behaviors with one another.<sup>3</sup> A good general guide to commensal rodent behavior can be found in the book Rodent Control: A Practical Guide for Pest Management Professionals by Dr. Bobby Corrigan. The following are a few key highlights from scientific literature that are important topics related to rodent management in commercial accounts.



#### A. Rodent Learning

Rats and mice have been used for decades as research models in learning and memory studies. Learning begins at a very young age as rodents watch and mimic behaviors of their mother and other adult rats in their environment. The first bites of solid food taken by young rodents are from food being fed on by another adult. Food preference and other behaviors are conservative and passed across generations. Some food preference learning may also occur prior to birth according to the diet the mother rodent is eating. Some persistent behaviors may also have a genetic component, such as behavioral resistant strains of mice found in the UK.

Like food preferences, behavior around objects in their environment, including traps and other devices, is learned. Young rats have been observed watching adult rats interact with traps, and then performing the same exploratory behaviors themselves. Video observations also indicate that rats exposed to generations of trapping see food on a device, such as a baited snap trap, as something to avoid.<sup>4</sup> Avoidance behavior of food and equipment is learned in rodents and can build over generations of exposure.

#### B. Vision

Rodent eyes are built for night vision. They sacrifice visual acuity (their vision is more grainy then ours) for light collecting capabilities. They have poor daylight vision compared to humans, but they see far better than we do in low-light situations. Rodents cannot focus on close objects within a couple of inches, but have a large depth of focus beyond that. They rely on other senses for close-up inspection of their world. The placement of their eyes on the rounded edges of the skull allows for a wide perspective to avoid predators and explore their shadowy environment.



Vision is an important sense for rodents and they rely on it as they navigate through their environment. Dark shadows may indicate possible hiding spots and will often draw a passing rodent to investigate. A rodent visually searching for a place to hide will move toward dark areas or spots and will enter dark protected areas, if available. This behavior is especially true for rodents in unfamiliar environments and is the main reason why multi-catch traps work as monitors near rodent entrance points. Trap catches can be enhanced by providing a high-contrast dark area at the entrance. Trap openings are naturally dark but additional black, high contrast emphasis can be placed around the opening to increase investigatory responses.

#### C. Tactile Sensing

Rodents use the sense of touch instead of vision in close-up examination of their environment. Rodents have specialized sensor hairs, termed vibrissae, throughout their fur and in a high concentration on their heads. Head vibrissae, often called whiskers, are used not only as touch indicators, but can be used to determine shape and even texture of objects and surfaces contacted. Whiskers are used for a broad range of other functions, including communication with other rodents and monitoring environmental conditions such as wind direction. They may even be used in detecting vibration.

<sup>&</sup>lt;sup>2</sup>Nolte and Mason. 1995

<sup>&</sup>lt;sup>3</sup>Humphries and Meehan 2000

<sup>&</sup>lt;sup>4</sup>IR camera recordings of wild roof rats, Ecolab

<sup>&</sup>lt;sup>5</sup>Lashly 1932; Wiesenfeld and Branchek 1976; Powers and Green 1978 <sup>6</sup>Welker 1959

<sup>&</sup>lt;sup>8</sup>Lottem and Azouz 2009, O'Connor et. al. 2010, Metha and Kleinfeld 2004 <sup>9</sup>Diamon et. al. 2008 a&b, Grant et. al. 2009, Kleinfeld et. al. 2006, Lottem and Azouz 2008, Nelson and McIver 2006

<sup>&</sup>lt;sup>10</sup>Ahl 1986, Blanchard et. al. 1977, Crish et. al. 2003

<sup>&</sup>lt;sup>11</sup>Shats and Christensen 2008

Vibrissae form a cone-shaped sensory field around the head of the rodent. This sensory field allows detailed examination of objects up close with very little contact. Traps and other devices can be carefully examined without triggering. Once a rodent learns to avoid a specific device such as a snap trap, it will recognize and avoid direct contact with all devices having similar structure and design. Video monitoring of wild roof rats has shown that rats are not afraid or shy around trapping devices. They readily approach snap traps but do not directly contact these traps, even when baited with foods they are known to be eating in the area. This results in a challenge to find ways to capture rodents such as roof rats. Traps placed where rats are forced to contact them can be more successful than baited traps.

#### D. Startle and Foraging Behavior

Rodents have complex suites of behaviors that allow them to find food, water, harborage, avoid predation, and reproduce. In spite of this complexity, general patterns of behavior can be predicted in some situations, such as when a rodent is placed in a new environment. The first response of a rodent in a new environment is startle behavior. They look for a protected spot to temporarily hide until a more permanent home can be found. Once an initial hiding spot has been located, they begin looking for better, long-term harborage locations. The initial location becomes a home-base from which they begin to explore their new surroundings.

Once a rodent has found a suitable harborage location near food and water, it begins to establish regular patterns of foraging behavior. There are important differences between foraging behavior and startle behavior. With foraging behavior, the rodent is familiar with its environment and areas of protection. When items such as traps and other devices are placed in an area where rodents are foraging, these items will be recognized as "new" objects by the rodents and they will exhibit neophobic behavior around them.

#### E. Neophobia

Neophobia is a fear of new objects. While it is commonly believed that rats are neophobic and mice are neophilic (love of new objects – curious), both have been shown to exhibit an avoidance response to new objects placed in a familiar environment.<sup>6</sup>

New food items will also be avoided by mice when placed in a familiar environment.<sup>7</sup> Studies show that mice can develop neophobic behaviors in



the presence of trapping pressure.<sup>8</sup> Neophobic responses are much stronger with new objects than with new foods.<sup>9</sup> Rodents in a new environment do not exhibit neophobia. They will readily approach traps and other devices looking for protection. It is for this reason that multi-catch traps work near entrances and not so well where there is an established infestation.

## **Rodent Management Strategies**

A successful rodent program requires a risk assessment approach. From the property line to internal customer and food handling areas, layers of protection need to be put in place to achieve success. Prevention can be divided into three general layers of protection: exterior, barrier and interior.

#### A. Exterior – Reducing Rodent Pressure Near Structures

The exterior of the facility, from the fence line to the walls of the buildings, serves as the first line of defense against commensal rodents. This area includes fence lines, grounds, exterior storage, receiving zones, garbage areas and exterior perimeters of structures. Reducing pest pressure in these areas is the first line of defense against pest invasion and is often the most effective long-term solution of an outside-in approach.

Conditions that support pest activity near the structure should be corrected to reduce pressure on the facility. Some of the most common conducive conditions include:

- ▲ Debris and spilled garbage near the building or under dock plates
- Exterior storage of old equipment or construction material that provides protection and harborage
- Standing water or saturated soil that remains wet for extended periods of time
- Overgrown vegetation or trees, especially if they are in contact with the structure

The standard approach to reducing pressure on the exterior of structures has long been the use of rodenticides in tamper-resistant containers placed along structure perimeters and fence lines. Many food safety auditing agencies have built pest standards around the spacing and periodic inspection of rodent equipment on the exterior and interior of structures. While bait consumption in exterior stations is common and often significant, there are questions concerning the actual impact this practice has on reducing rodent activity on the inside of structures. Are the rodents eating bait commensal rodents threatening the structure, or other non-target animals in the area? Does killing rodents away from structures along fence lines, or along walls of structures where there are no access points, really reduce the number of invasions into that structure?

As global discussions continue around the proper use of rodenticides, Ecolab will continue to provide exterior rodent suppression that meets third party audit standards and customer agreements. Ecolab will also continue evaluating methods and approaches to find sustainable solutions that reduce impact on the environment and non-target organisms. While minimum guidelines for spacing equipment allow for easier quality control and reflect the natural tendency of auditing standards, a more sustainable practice is a risk assessment approach to pest elimination.

#### Risk Assessment Approach to Rodent Management

A risk assessment approach to rodent management on the exterior of structures would include the following steps:

- 1. Determine the extent of rodent activity on the exterior. This can be done using a variety of monitoring devices, including bait stations with rodenticide or monitoring blocks, snap traps and multi-catch traps. Visual inspections should also be conducted to identify rodent harborage sites and runways.
- 2. Identify the actual species in the area through the use of traps. Snap traps and multi-catch traps placed in tamper-resistant stations in areas of activity can verify the presence of rodents.
- **3.** Assess the risk of structural invasion at potential rodent entrance points using the information gathered above. It should be assumed that non-commensal rodent species pose very limited risk to structures because they seldom invade structures and establish interior populations.

**4.** Adjust exterior protection programs to protect vulnerable entry points where commensal rodent pressure has been verified. If there is a known location where rodents are entering the structure, placing more then one station on each side of the entrance point has been shown to reduce entry. These additional placements should be temporary until the access point is removed.

A risk assessment approach will result in a sustainable rodent program with focused protection at high risk locations. While this approach is not currently appropriate in all locations due to auditor spacing requirements, it is a goal at Ecolab to continue to move toward this sustainability goal.

#### **Checkpoint® Exterior Rodent Stations**

Ecolab uses the Checkpoint® Rodent Station to provide monitoring, baiting and trapping solutions for the exterior of structures. This versatile equipment can be configured to meet specific needs at each account with non-toxic monitoring, baiting, mouse multicatch and snap trap options available.

Rodent research, service team input and customer needs have all been included in the design of the Checkpoint® line of equipment. Whether a bait station, monitoring station or trap station is needed, Checkpoint® stations deliver a durable and discreet solution. Equipment innovation is just one of the benefits of having a dedicated staff of scientists at Ecolab.









#### B. Barrier – Minimizing Rodent Entry Opportunities

The rodent barrier of a facility is comprised of the physical structure between the exterior of the building and the interior, such as walls and doors. It also includes protected areas such as wall interiors, plenums, chases and tracks that lead to exterior access points.

Conditions that support pest activity in the exclusion zone of the structure should be corrected to reduce pressure on the facility. Some of the most common conducive conditions include:

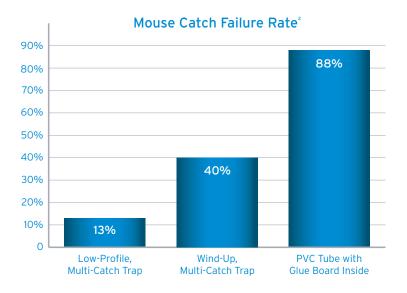
- Doors left open for long periods of time, especially in the evening after dark
- Doors that do not close properly
- Holes and structural damage that allow rodents and other pests to enter the structure
- Gaps in expansion joints and/or around pipes, holes and structural damage that may allow rodents to enter the structure
- Unscreened vents and pipe chases
- Delivery docks that are not rodent-proofed on the exterior with climb guards (usually a metal plate on the wall under docks that prevent rodents from climbing)

#### Interior Rodent Stations

Monitoring the interior perimeter of structures for invading rodents is usually done through the use of interior rodent stations. While there are a number of monitoring options, multi-catch traps are often the station of choice. These traps are most effective when placed on either side of possible rodent entrance points. The number and spacing of interior rodent stations should be determined by a rodent risk assessment and auditor and customer requirements. If there is a known location where rodents are entering the structure, a temporary placement of more than one station on each side of the entrance point will increase the likelihood of capture and reduce the possibility of an interior infestation.

Ecolab evaluates available stations for durability and effectiveness. Ecolab field research has shown that there are differences in the failure rates of multi-catch traps available to the industry. A study comparing three types of traps showed that currently the most reliable type of trap consisted of traps with one-way ramp entrances.¹ Increased failure rates were found with wind-up traps due to rodents getting caught in the wind-up mechanism and because the large size of these traps resulted in frequent displacement. Increased failure in PVC tube traps was due primarily to dust collection on the glue board.

Ecolab will continue to use the best station options available to the industry and develop proprietary stations when the need arises.





JT Eaton Repeater Rodent Station



JT Eaton Little Pete Rodent Station

#### C. Interior - Eliminating Rodent Activity

The presence of rodents on the interior of a facility indicates that there has been a breech across the other layers of protection. Elimination of interior rodent populations can be divided into two phases: harvesting and elimination. These two phases usually require different approaches. Depending on the extent and complexity of the infestation, one or both of these phases may be applied.

✓ Harvesting is the removal of large numbers of rodents through trapping and other means to quickly reduce the interior population. During harvesting, the best choice of trap is the snap trap. Large numbers of snap traps placed in areas of known rodent activity can remove many rodents (harvest) in a short period of time. Snap traps can be placed in protected areas, inside protective stations or placed in the open. Traps placed in the open are usually left overnight and removed before business hours. Snap traps, unless placed inside stations, should be temporary placements.

During harvesting, more frequent service visits may be necessary to remove captured rodents. Five or more mice and two or more rats trapped in the same area would be considered harvesting in most situations. Large numbers of temporarily placed traps should be left in place until trap rates subside. The harvesting phase should be followed by an elimination phase to ensure that all rodents are removed.

▲ Elimination is the complete removal of all rodent activity from inside a facility through precise placement of traps and other means to locate and remove all animals. Elimination of a resident rodent population requires skill and strategic placement of traps and attractants. Success is achieved when the last rodent is found and removed from the inside of the structure.

During elimination efforts, more frequent service visits may be required to adjust placement of devices as elimination efforts are narrowed to remaining active areas. If increased service frequency is necessary during the elimination phase, the frequency of visits should not be more than twice a week. This allows time for rodents to adjust to and interact with traps and other devices.

Note – daily checking of traps and other monitoring devices may produce false negatives (no rodent activity apparent even though rodents are present) during elimination as rodents acclimate to new items in their environment.<sup>1</sup>

Ecolab also provides access to advanced attractant technology that is highly attractive to both mice and rats. The Rat and Mouse Attractant has been produced in cooperation with a leading manufacturer of rodenticide baits. This product has shown to be as effective as peanut butter with mice as well as being highly effective with rats, even the roof rat. This science-based solution increases the catch rates of elimination equipment.

# **Summary and Recommendations**

Commensal rodents continue to be serious pests globally. Adapted for life with humans they easily find ways to use our homes and businesses as their own. Creating a rodent-free environment in commercial structures requires a partnership between the owner/manager of the property and the pest service provider. Both play a critical role in identifying conditions that may lead to rodent invasion and correcting those issues before problems arise.

An outside-in approach based on rodent biology and behavior is the best means to secure long-term protection against these pests. Rodent activity inside commercial structures cannot be tolerated. When rodents are found inside, an aggressive elimination plan should be followed that utilizes the right tools, placed in the right locations by trained professionals.

#### What You Should Do

The following specific recommendations will help reduce conditions that allow rodents to find food, water and harborage in and around a facility.

#### Exterior

- ▲ Minimize food, water and harborage on the exterior of the facility.
  - Eliminate spillage of garbage
  - Close all garbage receptacles with tight-fitting covers
  - Move garbage receptacles away from the facility whenever possible
  - Eliminate standing water around the facility
  - Remove weeds, tall grass and other excessive vegetation
  - Remove clutter and items stored on the ground near the facility
  - Consider other sources of rodent pressure (adjoining structures, distribution centers, product vendors, etc.) and carefully inspect incoming goods for the presence of these pests

#### Barrier

- Minimize rodent access into the facility.
  - Trim trees so that no branches are touching the facility
  - Seal holes and gaps on the exterior of the facility
  - Seal openings and chases around pipes
  - Seal all doors, inspect and repair entrances on a regular basis
  - Seal holes and gaps noted on the interior perimeter

#### Interior

- Minimize conditions that support rodent activity on the inside of the structure.
  - Minimize product spillage and regularly clean under shelves and gondolas
  - Eliminate all standing water and accumulated condensation
  - If present, remove all rodent droppings (after they have been documented by vour pest service provider)
  - Seal potential access to hidden runways and harborages

#### What Your Pest Service Provider Should Do

- Provide a science-based, risk assessment approach to monitor and address commensal rodent activity in and around structures
- Provide regular, visual inspections of the outside and inside of structures by trained professionals
- Document sanitation and structural issues that are conducive to rodent activity and that may lead to interior infestation of commensal rodents
- Meet with management to review findings and make recommendations on corrective actions
- Respond to interior rodent activity aggressively using science-based methodology to eliminate interior infestations

For more information, contact Ecolab Pest Elimination at 1 800 325 1671.

#### **ABOUT THE AUTHOR:**

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Doug Gardner provides 15 years of industry experience and 9 years of academic research to the Ecolab Pest Elimination team. His background as a biologist includes a B.S. degree in Biochemistry from the University of Arizona and an M.S. in Entomology from Texas Tech University. He is a Board-Certified Entomologist, a Registered Sanitarian and a Certified Black Belt in Lean Six Sigma. In his professional career he has served in a broad variety of positions including service specialist (technician), operations manager, technical support manager and scientist. As the manager of the technical support team at Ecolab, Doug was responsible for field support and field training across North America. He has faced and solved pest challenges in most commercial environments. He is currently a senior scientist providing expertise and driving innovation for Ecolab's rodent, small fly and large fly programs. He is a member of the National Pest Management Association, Entomological Society of America, National Environmental Health Association, and Pi Chi Omega (a professional fraternity for urban pest control).

**ECOLAB PROPRIETARY** 

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